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Flow resistance of individual neutrophils in coronary artery disease: decreased pore transit times in acute myocardial infarction

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Abstract

Objective-To investigate single neutrophil flow resistance in coronary artery disease, including myocardial infarction before initiation of reperfusion therapy. Design-Neutrophil flow resistance was measured in 93 subjects in five groups: (group 1) 28 patients within 12 hours after the onset of myocardial infarction, before reperfusion therapy; (group 2) 18 with unstable angina; (group 3) 13 with stable angina; (group 4) 13 age matched patients without coronary disease, and (group 5) 21 healthy volunteers.

neutrophil parameters—Single transit times through 8 µm oligopore filters determined with a modified cell transit analyser.

Results—Leucocyte count (10%) increased in coronary disease, especially in myocardial infarction and unstable angina (mean and 95% confidence intervals for groups 1 to 5: 12.6 (11.0 to 14.2), 11.3 (8.5 to 14.1), 8.5 (7.4 to 9.6), 8.0 (6.0 to 10.0), 7.0 (6.1 to 7.9)). Polymorphonuclear granulocyte (PMN) flow resistance correlated negatively with white blood cell (WBC) count and was significantly decreased in coronary artery disease (CAD), especially in myocardial infarction; mean transit times (ms) for groups 1 to 5 were: 13.6 (11.8 to 15.4), 16.9 (13.9 to 19.0), 16.9 (12.8 to 21.0), 22.0 (19.6 to 24·4), and 18·6 (15·7 to 21·5).

Conclusion—Neutrophil flow resistance was decreased in CAD, especially in myocardial infarction before reperfusion therapy. In contrast to previous findings in reperfused myocardial infarction, the present study showed that stiffened PMNs were not yet present in the circulating blood pool. Thus a pharmacological approach aimed at suppressing leucocyte activation before or during reperfusion therapy may be feasible.

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Keywords: coronary artery disease; myocardial infarction; reperfusion; leucocytes.

Leucocytes play an important part in the development and prognosis of acute myocardial infarction.1-3 Experimental models of myocardial ischaemia4-6 suggested that polymorphonuclear granulocytes (PMN) con-

tribute to the pathophysiological course of (AMI).7-8 myocardial infarction Potential mechanisms for neutrophil-mediated tissue injury include local activation of PMN,9 initiation and promotion of myocardial necrosis by generation of free radicals,10 and release of proteolytic enzymes from PMN granules.11 Through their interaction with platelets and the vessel wall and both local and systemic release of inflammatory mediators, granulocytes may maintain a vicious cycle that leads to tissue necrosis.6 12 13 Stiffened neutrophils may plug areas of capillaries and further decrease microcirculatory perfusion and cause maldistribution during the ischaemic phase.⁵ 14

The relative contribution of the viscoelastic properties of granulocytes to the vascular resistance is not known for different stages of coronary artery disease (CAD). Current understanding of pathophysiological mechanisms suggests that three methodological aspects need to be considered in studies of white blood cell (WBC) flow resistance in CAD and AMI.

- The interval between the onset of infarction and blood sampling. Any study of WBC properties is expected to be influenced by secondary changes occurring early after infarction, such as the well-known increase of WBC count caused by the release of catecholamines. In most previous studies, blood samples were not taken earlier than 12 hours after AMI.15-18
- Reperfusion after successful fibrinolytic therapy or percutaneous transluminal coronary angioplasty (PTCA) is expected to alter systemic WBC properties¹⁹⁻²⁰ either as a side effect of therapeutic agents such as streptokinase, which increases count,21 or through mediators—for example, interleukins—that are washed out into the systemic circulation during reperfusion. In most previous studies clinical details on reperfusion therapy were not provided or WBC flow resistance was measured after reperfusion therapy.
- Technical considerations. Whereas micropipette techniques allow measurement of the viscoelastic properties of single white blood cells,14 these methods are inappropriate for clinical studies, because of the limited number of cells that can be analysed. For larger scale studies, bulk filtration techniques have been employed.16 However, bulk filtration only provides information on the average white cell flow resistance and does not allow measurement of distinct

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sub-populations of cells,²² such as activated cells, which may have great impact on the microcirculation.

Recently, a new micropore technique, the Cell Transit Analyzer (CTA) has become available.²³ This device allows the measurement of transit times of single red blood cells, and has been subsequently modified for the analysis of leucocyte pore transit times.²⁴ ²⁵ The CTA thus offers a new opportunity to study the flow resistance of single PMN and PMN sub-populations in larger groups of patients.²⁶

The objective of the present study was to compare granulocyte flow resistance in different stages of coronary artery disease—that is, stable angina, unstable angina, and acute myocardial infarction—in order to obtain further information on microcirculatory pathophysiology during myocardial ischaemia. Given the methodological aspects mentioned above, the study was designed to (a) obtain blood samples early after the onset of chest pain in patients with AMI and unstable angina, (b) before the initiation of reperfusion therapy, and (c) to employ a novel method which provides information on both the flow resistance of single cells and also on the distribution of single PMN pore transit times within a cell population.

Patients and methods

PATIENTS

We studied 93 patients and control subjects in this cross sectional study. Patients were admitted to a tertiary care hospital for diagnosis and treatment of chest pain. They were divided into five groups: (1) acute myocardial infarction; (2) unstable angina; (3) stable angina; (4) patient controls—patients older than 50 years who were admitted for various disorders and in whom coronary artery disease was excluded by non-invasive or invasive testing; (5) healthy controls—apparently healthy hospital personnel.

Acute myocardial infarction (AMI, group 1) was defined as a clinical history suggestive of AMI and ST elevation on admission with a later documented increase in creatine kinase activity (CK) and an increase of MB isoenzyme activity to above 6% of total CK activity. Diagnosis of unstable angina (group 2) required a positive coronary angiogram and at least one of the following criteria: (a) onset of angina within the preceding four weeks; (b) crescendo angina, which includes more severe, longer, or more frequent attacks of angina; (c) angina at rest lasting for longer than 15 minutes. Patients with stable angina (group 3) had typical exertional chest pain and previously or newly angiographically documented coronary artery disease (diameter stenosis > 70%). Exclusion criteria for all groups were as follows: surgery, myocardial infarction or disabling cerebral stroke during the last three months; coronary angiography, reperfusion therapy including fibrinolysis, shock or resuscitation before the collection of blood; and stage IV (NYHA) heart failure, type-1 or type-2 diabetes mellitus defined as either raised HbA1c

(>6.6%) or raised blood glucose (fasting > 120 mg/dl or random blood glucose > 200 mg/dl) on admission or requiring diabetic therapy, known neoplasia, known autoimmune disease, thyrotoxicosis, sepsis, or peptic ulcer. Patients with other cardiac diseases such as dilated or hypertrophic cardiomyopathy, pericarditis, or vasospastic angina were also excluded. Blood was collected within 12 hours after the onset of pain in patients with AMI and unstable angina. All patients and subjects gave informed consent and the study was approved by the local ethics committee. In the recruitment plan, patients from all groups were included concurrently, in order to avoid any bias caused by changes in the CTA filter characteristics over time—that is, narrowing of the pore size after repeated use of a filter—or by small differences between CTA filters when the filter need to be changed.

BLOOD COLLECTION AND SEPARATION OF NEUTROPHILS

Blood was taken from groups 1, 2, 3, and 4 on admission and from healthy controls (group 5) during normal working hours; all blood samples were drawn from the antecubital vein with EDTA (1.5 mg/ml) as anticoagulant. Six ml of blood were layered onto a two-step gradient made up of 2 ml of Histopaque 1077 on top of 3 ml of Histopaque 1119 (Sigma Chemie, Deisenhofen, Germany) below. After centrifugation at 700 g for 30 min at 20°C the lower white cell band was harvested. This fraction, which contained on average more than 95% granulocytes, was washed twice (1000 g and 200 g for 5 min, respectively) in filtered isotonic phosphate-buffered saline (PBS, 10 mM phosphate, pH = 7.4, Sigma Chemie. Deisenhofen, Germany) containing 5% autologous platelet-free plasma. The number of PMNs was determined manually using standard haematology microscope chambers. On average, about 50% of the whole blood neutrophils was recovered.

FILTRATION PROCEDURES

White blood cell (WBC) pore transit times were measured as described previously²⁵ ²⁷ using a filtration system that was originally developed to determine erythrocyte transit times through micropores23 (Cell Transit Analyzer-CTA, ABX, Montpellier, France). For the measurement of PMN, specially fabricated polycarbonate filters with 30 micropores with a diameter of 8 μ m and a length of 19 μ m were used.24 The CTA system employs a conductometric principle and provides both a mean cell transit time and a frequency histogram of individual cell transit times. The PMN suspension obtained by density gradient separation was resuspended in PBS to a final concentration of about 2 × 10⁵ cells/ml. At least 1000 cells were analysed for each measurement, which was done in duplicate. The driving pressure was 4 cm of water; all measurements were performed at room temperature, and were completed within 2 hours after collection of the blood.

In order to sample longer transit times (up

Table 1 Patients' characteristics in groups 1 to 5. Mean values and 95% confidence intervals are presented. P values are shown for paired group comparisons

	Group						
	1 Myocardial infarction	2 Unstable angina	3 Stable angina	4 Patient- controls	5 Healthy controls		
n	28	18	13	13	21		
M/F	21/7	12/6	11/2	9/4	14/7		
Age (yr)	66·0±	67·7±	58·9±	60·8±	45.4		
0 0 /	61.8 to 70.2	64·5 to 70·9	50·7 to 67·1	54·6 to 67·0	42·2 to 48·7		
BMI (kg/m ²)	26·9*±	27·4*±	28.1†‡	24.4	23.8		
	25.8 to 28.1	25·3 to 29·5	26·0 to 30·2	22.9 to 25.9	22·9 to 24·7		

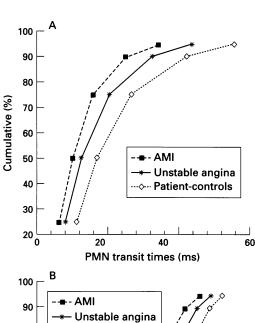
P < 0.05 v group 4*. P < 0.01 v group 4† and group 5‡.

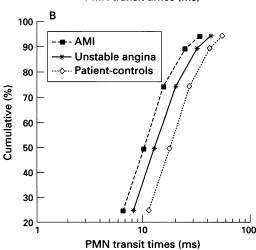
Table 2 WBC count and PMN pore transit times. Mean values and 95% confidence intervals are presented. P values are shown for paired group comparisons

	Group						
	1 Myocardial infarction	2 Unstable angina	3 Stable angina	4 Patient- controls	5 Healthy controls		
n	28	18	13	13	21 7·0		
WBC	12.6**	11.3++	8·5§ †	8.0	7.0		
(10%)	11·0 to 14·2	8·5 to 14·1	7·4 to 9·6	6·0 to 10·0	6·1 to 7·9		
Overrange cells	55**‡	85* †	77†	116%‡	82		
(per 1000 PMN)	43 to 67	59 to 111	59 to 95	94 to 138	59 to 105		
Mean (ms)	13.6**††	16·9 †	16·9†	22.0	18.6		
	11·8 to 15·4	13·9 to 19·9	12·8 to 21·0	19·6 to 24·4	15·7 to 21·5		
Percentiles:							
25 (ms)	6.6**††	8.2**	8.2	11.4	9.8		
	5.6 to 7.6	6·6 to 9·8	5.6 to 10.8	10·0 to 12·7	8·3 to 11·3		
50 (ms)	10.3**††	12.7†	12.8†	17.2	14.7		
	8·8 to 11·8	10⋅3 to 15⋅1	8·7 to 16·9	15·1 to 19·3	12·4 to 17·0		
75 (ms)	16·0** ††	20.5†	20.7	26.7	22.5		
	13·5 to 18·5	16·5 to 25·5	15·3 to 26·1	23·3 to 30·1	18·8 to 26·2		
90 (ms)	25.0**	32.6*+	32.2†	42.2	34.3		
	21·1 to 28·9	26·0 to 39·2	24·2 to 40·2	37·1 to 47·3	28·4 to 40·2		
95 (ms)	34.3**	43.6	44.1	55.3	45.2		
	29·3 to 39·3	35·1 to 52·1	33·0 to 55·2	49·3 to 61·3	37·7 to 52·7		

P < 0.05 v group 1*, group 4†, group 5‡. P < 0.01 v group 1\(\), group 4**, group 5††

Figure 1 (A)
Cumulative percentages on the y axis are plotted against the pore transit times on the x axis (in ms) for patients after AMI, with unstable angina, and patient-controls. (B) The same data are shown on a logarithmic scale of pore transit times.





to 100 ms) than for red blood cells, the original software was changed for the analysis of WBC²⁵ and the temporal resolution was set at 0.4 ms. Transit times are expressed as mean values and as various percentiles of 25%, 50% (median), 75%, 90%, 95% of the transit time distribution. If transit times were longer than the 100 ms sampling window, these cells were classified as "overrange" cells. When repeated measurements (n = 6) were performed on the same PMN samples, the coefficients of variation for the transit time percentiles ranged from 2 to 11% with 5% for mean transit times.

STATISTICAL ANALYSIS

Statistical analysis was performed using the SPSS Software package, release 2·2 for CDC NOS/VE. If significant differences were found with the Kruskal-Wallis test, group means were compared by Mann-Whitney U tests without adjustment for multiple comparisons. Data are presented as mean and 95% confidence intervals (CI), even though not all variables were found to have a normal distribution in the Kolmogoroff-Smirnoff test; a level of P > 0·05 was considered significant for two-sided tests.

Results

Donor characteristics are shown in table 1 and leucocyte variables are shown in table 2. The healthy control group was younger, whereas the other groups did not differ in age. The two control groups had similar BMI values, which

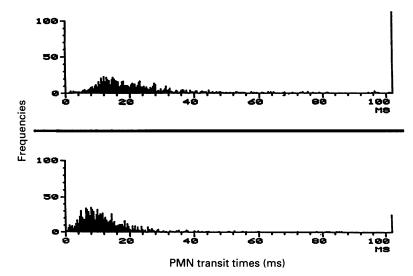


Figure 2 The two panels show typical pore transit time histograms for PMN, with transit times in ms on the x axis and frequencies on the y axis. In the upper panel results are shown for a patient-control. The mean transit time of 886 analysed cells is 22·3 ms, the median was 18·0 ms, and 113 cells were classified as overrange cells—that is, cells with transit times longer than 100 ms. In the lower panel the results are shown for a patient with acute myocardial infarction. The mean transit time of 997 analysed cells was 12·9 ms, the median was 10·2 ms, and 25 cells were classified as overrange.

were significantly less than the three CAD groups. The leucocyte count was highest in patients after myocardial infarction and was higher in the three patient groups with coronary artery disease than in the healthy controls.

LEUCOCYTE PORE TRANSIT TIMES

The Kruskal-Wallis test showed significant differences for leucocyte pore transit time variables (overrange cells, P = 0.0030; mean, P = 0.0028; median, P = 0.0038; 95th percentile, P = 0.0050). The results of the group comparisons are shown in table 2 and in fig 1, and typical examples of CTA pore transit time histograms are shown in fig 2 for a patient with AMI and a patient control subject. In general, granulocytes from patients with coronary artery disease had shorter mean pore transit times than controls, with the shortest times in the group after AMI. Compared with patient controls (group 4), mean transit times were 38% lower for group 1 (P > 0.01) and 23% less for groups 2 and 3 (P > 0.05); group 1 also had shorter mean times compared with healthy controls (27% lower, P > 0.01). The cumulative percentage plots (fig 1) indicate that the differences between the groups were present across the entire distribution of transit times. When transit times were plotted on a logarithmic scale, an almost parallel shift of the curves was seen (fig 1B).

Univariate analysis showed that the number of overrange cells was negatively correlated with WBC count (overrange cells (1/1000) = $99.6 - 2.3 \times \text{WBC}$ ($103/\mu\text{l}$); r = -0.26, P = 0.043). In groups 4 and 5 there were correlations with subject age (median transit times (ms) = $5.0 + 0.21 \times \text{AGE}$ (years), r = 0.50, P = 0.0033), which did not persist if all groups were analysed together.

In summary, the study shows that the flow resistance of PMN is significantly decreased in CAD, especially in myocardial infarction before reperfusion therapy, and that the shorter pore transit times are correlated with the higher WBC count, which is increased in coronary disease, especially in myocardial infarction and unstable angina.

Discussion

PMN FLOW RESISTANCE

The present study investigated PMN flow resistance in patients with acute myocardial infarction, before therapeutic reperfusion and within 12 hours after the onset of chest pain. The leucocyte filtration technique that we used allowed the analysis of single white cells and sub-populations. Using this novel technique, the study is the first to demonstrate that the flow resistance of PMN from patients with acute myocardial infarction is decreased, rather than increased as anticipated from earlier studies, 15-16 where a higher flow resistance (that is, poorer filterability) was observed three days after acute infarction, whereas early after the onset of pain it was not significantly different from normal.16

In the bulk filtration technique used in earlier studies, a few very rigid cells could have caused a large reduction of flow rate through the filter; however, the CTA is unaffected by pore plugging because only complete pore transits are measured.25 27 Increased rigidity days after myocardial infarction is probably caused by activation of leucocytes; such activation has been documented in animals and humans by different techniques. 9 28 29 However, there are indications that the peak in PMN activation occurs later during the course of AMI and may be accelerated by fibrinolysis. 19 Thus knowledge of whether reperfusion therapy had been performed before blood sampling is critical. In the present study all samples were obtained on admission before reperfusion therapy started; therefore they are more likely to reflect the early phase of AMI before reperfusion injury has started.

After infarction, as in any tissue injury, there is an immediate shift of PMN and monocytes from tissue to the circulation³⁰; within hours increased bone marrow release contributes large numbers of cells, including band forms, metamyelocytes, and even nucleated erythrocytes. Band forms have been found to have normal membrane viscoelastic properties and bulk filterability through 8 μ m pores. The observed pronounced and rapid increase of white blood cells may be attributed to a stress related increase of cortisone and catecholamine concentrations,³¹ both of which inhibit PMN activation.32 It may be speculated that a new population of WBC is present in the peripheral blood early after AMI, and that some of these cells are immature and less likely to be activated, as has been reported for neutrophils during the first day of AMI.33 Recent data suggest that some PMNs become activated in evolving AMI7 34 and are trapped in the pulmonary or myocardial circulation,35 thus leading to a substantial increase of PMN in the myocardium during AMI. $^{32\ 36\ 37}$

For unstable angina it has been shown that there is increased leucocyte activation30 38 together with increased flow resistance. During percutaneous transluminal coronary angioplasty (PTCA) an increase in PMN activation and impaired pore transit times were found in coronary sinus blood.39 In the present study, the widest variation in the number of leucocytes was seen for unstable angina (table 2). Also, the transit times showed considerable variation. Possibly, in the group of patients with unstable angina, a highly variable percentage of PMNs were activated and removed from the systemic circulation. It is noteworthy that in one study neutrophil elastase activity was more than twice as high in unstable angina than in AMI.30

METHODOLOGICAL CONSIDERATIONS

Differences in PMN pore transit times between the groups may have been underestimated in the present study for several reasons: (a) venous blood from the antecubital vein was studied, which reflects only a minor part of the changes in localised areas such as the coronary circulation—such a possibility has been suggested by simultaneous measurements of arterial and coronary sinus blood³⁹; (b) potential activation of PMN along with the cell separation procedure or selection of activated cells during the centrifugation process cannot be ruled out, although there is no published evidence for this 40; (c) the present CTA software classifies cells with filtration times greater than 100 ms as overrange cells, which are not included in the frequency analysis, possibly leading to a bias towards lower mean and median transit times. Differences between sub-populations could therefore be underestimated, because it is not possible to distinguish between cells with transit times just longer than 100 ms and those with much longer times; (d) even though the time interval for inclusion was chosen rather early after onset of infarction, important immediate changes of the WBC populations may have been missed or diluted, because there are insufficient data available on the kinetics of WBC count and differential shifts soon after AMI.

PATHOPHYSIOLOGICAL IMPLICATIONS

Our results show that there was no accumulation of stiff PMN in the circulating blood in CHD including the early stages of AMI, while the WBC count was raised, especially in AMI and less so in unstable angina. These findings do not accord with earlier studies that showed increased flow resistance and a high degree of activation three days after AMI and reperfusion therapy. This discrepancy can be resolved if there is an increased cell turnover with a leftshifted PMN population that is not yet stiffened by activators washed out from the myocardium or that is less likely to be activated. The detection of a low level of activation could also be caused by trapping of highly activated cells in lungs or heart or by the insensitivity for pore-plugging cells of the technique used.

In summary, circulating PMNs from

patients with AMI tested before the initiation of reperfusion therapy showed lower flow resistance than PMNs from controls (fig 2, table 2). The potential left shift of PMN and a high turnover of WBC suggests that there may be a window for pharmacological interventions⁴¹⁻⁴³ aimed at suppressing leucocyte activation or bone marrow release—especially before, during, and after reperfusion therapy.

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